



AUTHENTIC BODY TREATMENTS **Managed by Indah Manis - Spa Service**

**RELAX & REJUVENATE YOURSELF IN THE COMFORT AND PRIVACY
OF YOUR OWN VILLA**



Villa Indah Manis offers guest "in Villa" Spa treatments provided by professionally trained staff

The body treatments programs provide therapeutic, relaxing and rejuvenating experiences using natural products to enhance well being and reduce stress. We also provide a choice of aromatic massage fragrances: harmonizing and balancing lavender; refreshing, stimulating lemon and orange; or relaxing, soothing ylang ylang flower oils.

Therapeutic Massage

Traditional Oriental Full Body

Our signature massage. Our own rejuvenating and stimulating blend of techniques combine long massage strokes, deep stimulation on muscles and joints along with great stretching (Shiatsu, Swedish, Thai, and reflexology)

Foot Reflexology Massage

Discover and enjoy the benefits of this relaxing as well as tonifying and stimulating approach. It is ideal for jet lag. Acupressure, deep strokes and drainage will make your feet and full body feel entirely new.

You can choose from :

One hour treatment

Enjoy a flower Aromatic lavender peppermint foot wash to start, cool aromatic towels at the end to totally refresh you.

One hour and a half treatment

Goes further into more specific parts of the feet. Essential oils of peppermint, rosemary and pine are amongst the natural ingredients enhancing our sea mineral salts and flower footbath. Allow your feet to soak while our staff massage your neck and shoulders. Cool aromatic towels at the end revitalize and refresh you up.

Spa service is open daily from 9am. To 7pm – Last booking at 6pm
All prices are inclusive of 10% government tax and 10% service charge
Subject to change



AUTHENTIC BODY TREATMENTS Managed by Indah Manis - Spa Service



Tension Relief

Sitting long hours on planes or over a desk, improper posture have inspired these highly beneficial techniques. Our therapists are trained to relieve tension and stress in specific parts of the body.

Foot reflexology will also stimulate the body's recuperative power.

Choose from:

- Neck, shoulders, upper back
- Lower back
- Full back

	Price per treatment
60mns	: Rp. 300.000 per person
90mns	: Rp. 420.000 per person

Four Hands Massage

A new signature massage. A Marvelous choreography performed by two therapists working in perfect harmony produces an unforgettable journey. Swedish, Lomi-Lomi, Myofascial Stretching, percussions and Rocking are used in this technique.

	Price per treatment
60mns	: Rp. 480.000 per person
90mns	: Rp. 630.000 per person

Body Mask / Wrap

All treatments begin with a traditional relaxing massage to improve body metabolism. The body is wrapped with a thermo lactic film increasing heat stimulation as well as facilitating ingredients absorption into the body's pores to relieve stress.

Spa service is open daily from 9am. To 7pm – Last booking at 6pm
All prices are inclusive of 10% government tax and 10% service charge
Subject to change



AUTHENTIC BODY TREATMENTS **Managed by Indah Manis - Spa Service**

A warm aromatic tropical flower bath completes the experience.



Traditional Balinese Boreh

Pepper, clove and ginger are mixed in the: "Boreh" of natural ingredients used to stimulate blood circulation and eliminate toxins.

Mud Mask

Our superfine volcanic mud is from the slopes of Bali's highest peak. Gunung Agung is extremely rich in minerals and nutrients that suit all skin types. For deep-pore cleansing, plus wrinkle-fighting richness.

Seaweed Mask

A superb choice for dry skin. Effectively combats age spots and freckles, too!

Price per treatment

120mins : Rp. 512.000 per person

Enriched Cooling Sea Weed

This treatment is ideal for UV-damaged skin or after prolonged sun exposure. Aromatic fragrances of lavender. Geranium and Mandarin will leave you completely renewed after your relaxing massage. Product is from Essentia Singapore.

Price

120mins : Rp. 576.000 per person

Spa service is open daily from 9am. To 7pm – Last booking at 6pm
All prices are inclusive of 10% government tax and 10% service charge
Subject to change



AUTHENTIC BODY TREATMENTS Managed by Indah Manis - Spa Service



Body Scrub - Skin Exfoliation

All “body scrub” treatments end with a traditional relaxing massage to harmonize your senses. A warm aromatic flower bath completes the experience.

Marine Crystal Salts Glow

Recommended for men. Also beneficial for women.
Sea crystal rich in minerals are combined with jojoba oil and lavender to ensure the perfect exfoliation, revealing your skin’s natural healthy radiance.

Coffee Scrub

Stimulates the circulation and refresh the skin.
And activating scrub for all skin types.

Coconut Scrub

Leaves skin smooth and shining, radiant and restored.
And it’s superb for sensitive skin.

Green Tea Scrub

Green tea is an antioxidant par excellence, to counterattack aging and toxins.
In this scrub, it’s especially beneficial for oily skin.

Royal Javanese Mandi Lulur

A traditional retreat to luxury.
The “Lulur” enhanced with the softness of mangir (paste) combines a blend of traditional Spices and roots rubbed onto the whole body to exfoliate the skin. It is followed by a refreshing yogurt moisturizer restoring the skin’s natural PH balance.

Price per treatment

120mins : Rp. 512.400 per person

Spa service is open daily from 9am. To 7pm – Last booking at 6pm
All prices are inclusive of 10% government tax and 10% service charge
Subject to change



AUTHENTIC BODY TREATMENTS **Managed by Indah Manis - Spa Service**



Relaxing Mineral Flores Island Sea Mud

Mineral rich Flores Island Sea Mud mixed with essential oils of cedar wood, cananga, orange, and thyme, which is rubbed to exfoliate the skin, leaving you completely relaxed and refreshed.

Product from spa Essentia Singapore

<p>Price for the above item 120mns : Rp. 576.000 per person</p>
--

Traditional Facial

Our facial massage provides relaxation, drainage and activation of the skin's metabolism using an Aloe Vera base, known for its healing properties. It is ideal for cooling, soothing and rejuvenating sun damaged skin. Enjoy a hand, arm or foot massage, completing the experience. For normal – oily skin or sensitive – dehydrated.
(per your request)

Biokos – Martha Tilaar. (Reputable local product)

Product from Spa Essentia – Singapore

<p>Price per treatment 60mns : Rp. 300.000 per guest</p>

Spa service is open daily from 9am. To 7pm – Last booking at 6pm
All prices are inclusive of 10% government tax and 10% service charge
Subject to change



AUTHENTIC BODY TREATMENTS Managed by Indah Manis - Spa Service



Manicure – Pedicure

Full nail grooming combined with an aromatic lavender soak and massage to beautify and pamper your hands and feet.

French Manicure.
A more natural look.

Price
Manicure / French Manicure 45mns : Rp. 164.000 per person
Pedicure 60mns : Rp. 210.000 per person

Hair & Scalp Sensations - Cream Bath

Enjoy the outrageous pleasure of this traditional Indonesia treatment. First, rich conditioning cream is massaged in to scalp and hair, in an experience that is both blissful and beneficial. Tension melts away and the scalp tingles with improve circulation as your hair is softened, enriched and left glowing.

Next, enjoy a neck and shoulder massage while conditioners penetrate your hair under a hot towel wrap. Finally, a bracing scalp tonic, wash and blow dry complete the experience. We use "hair spa L'oreal" products for normal, dry or oily hair.

(per your request)

Price
60mns : Rp. 300.000 per person

Spa service is open daily from 9am. To 7pm – Last booking at 6pm
All prices are inclusive of 10% government tax and 10% service charge
Subject to change



AUTHENTIC BODY TREATMENTS Managed by Indah Manis - Spa Service



Enjoy our discount package!

Touch of Bali

One hour traditional massage of your choice + facial

Price

120mns : Rp. 510.000 per person

Spice Island

Body scrub or mask of your choice + manicure and pedicure

Price

240mns : Rp. 754.000 per person

Escapade

Foot reflexology + Pedicure

Price

150mns : Rp. 536.000 per person

Spa service is open daily from 9am. To 7pm – Last booking at 6pm
All prices are inclusive of 10% government tax and 10% service charge
Subject to change



AUTHENTIC BODY TREATMENTS

Managed by Indah Manis - Spa Service

Booking Procedure:

Please give our Villa Manager – **Komang** at least 4 hours notice to arrange your body treatment. **If for early morning the next day please let him know your requirements in the afternoon the day before.**

Please advice the therapist if you prefer:

- A male or female therapist
- Strong, medium, or light pressure

Cancellation Policy

- Should you be late, your appointment may be shortened to allow the therapist to be on time for his / her next appointment
- We require 2 (two) hours notice to cancel or reschedule an appointment to avoid a 50% charge of the treatment fee.
- No show will be charged the full treatment fee.

Note:

To avoid inconvenience for the next person, please be ready ten minutes before your session is scheduled to begin.